

REDBOOK

You & Him Get Closer

25 Ways to Bond
Out of Bed

Your Top Medicine Mistakes

(Before you take another pill, read this)

Give Your Sex Life a Makeover in 7 Days

Kyra Sedgwick

On her amazing marriage to KEVIN BACON (including how they drive each other crazy)

Is Your Home Clean Enough?

Find out, p.14

EASY (Sneak WAYS TO LOOK YOUNGER)

Great Giveaways

\$126,154 worth of vacations, jewelry, a refrigerator (and tons more) waiting for you to win

NOVEMBER 2004

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Plan a winter getaway—for less

Ditch the chill and avoid sky-high rates by skipping town during the downtime between Thanksgiving and Christmas, suggests Amy Bohutinsky of Hotwire.com. Check out one of these warm places with your hubby:

SAN DIEGO, FOR AN EXCITING URBAN VACATION.

Stay at the Hilton San Diego Gaslamp Quarter, a boutique-style hotel that's smack in the middle of a trendy shopping and restaurant district. Hop in a pedicab (a foot-powered taxi) for a fun jaunt around the city, or ride the trolley to Balboa Park, home to 15 museums,

the San Diego Zoo, and more. Rates start at \$149; 619-231-4040 or sandiegogaslampquarter.hilton.com.

AUSTIN, TEXAS, TO HEAR GREAT LIVE MUSIC. Take advantage of the Renaissance Austin Hotel's beautiful grounds: The arboretum and duck pond are perfect for romantic walks. Restaurants and open-air shopping are nearby, but you'll also want to make the trip downtown to East 6th Street to listen to live jazz, rock, country, and everything in between at local clubs. Weekend rates start at \$119; 800-HOTELS-1 or renaissancehotels.com.

ARUBA, FOR A RELAXING ISLAND EXCURSION. Enjoy the white sand beach at the Hyatt Regency Aruba Resort and Casino, as well as the pool complex with waterfall and swim-up bar, tropical gardens, and restaurants, including Pan-Asian fare. Clink glasses at Piet's Pier Bar for happy hour, or have the staff arrange a private beachside dinner for two. Rates start at \$240, stay four nights, get the fifth night free; 800-55-HYATT or aruba.hyatt.com.

Book your flights faster

Scoping out all those websites to locate the best airfare can seem to take longer than a transatlantic flight. Speed up the search for bargains with [Bookingbuddy.com](#), a Web shortcut that allows you to enter your itinerary just once on the home page, and then click on any of the travel sites listed (you can get info from individual airlines, plus the biggies like Expedia.com, Travelocity.com, Hotwire.com, and more) to [see schedules and get the going rates](#). And, every time you choose a new travel site to search, it opens in a separate browser window, making it easy to [compare prices](#) side by side. Bookingbuddy.com also offers the same service to reserve hotel rooms, cruises, and rental cars. —Allie Jordan

The best cruises for kids

Luisa Frey Gaynor, family cruise editor at [cruisemates.com](#), suggests these lines:



Cruise line	Details	Highlights
Royal Caribbean	The Adventure Ocean Youth Program is open to kids ages 3 to 17, and caters to all age groups.	Counselors offer a nonstop roster of activities, including programs tailored to the ship's destination (for example, kids can make Greek pottery on a Mediterranean cruise). And the facilities are top-notch, too: Almost every ship has a rock-climbing wall, miniature golf course, skating rink, basketball court, and much more.
Disney Cruise Line	The youth program accepts kids ages 3 and older, including teens, but it's ideal for kids ages 7 and younger. There's also a nursery for babies.	The live Disney stage shows are always a hit, but kids can spend time with their favorite characters offstage, too—drinking tea with Peter Pan's Wendy or dancing with Snow White. Be sure to have dinner at the Animator's Palate, a restaurant that transforms from black-and-white to full color as the meal progresses.
Princess Cruises	The youth program is open to kids ages 3 to 17, with specific activities for each age group, as well as a teen center.	The program offers a mix of activities, including science classes, where kids can dissect a squid or make shark-tooth necklaces. Toddlers under 3 may use the facilities with a parent's supervision. For family togetherness, ships show <i>The Wizard of Oz</i> on an outdoor screen and give out goodie bags complete with magic wands.